

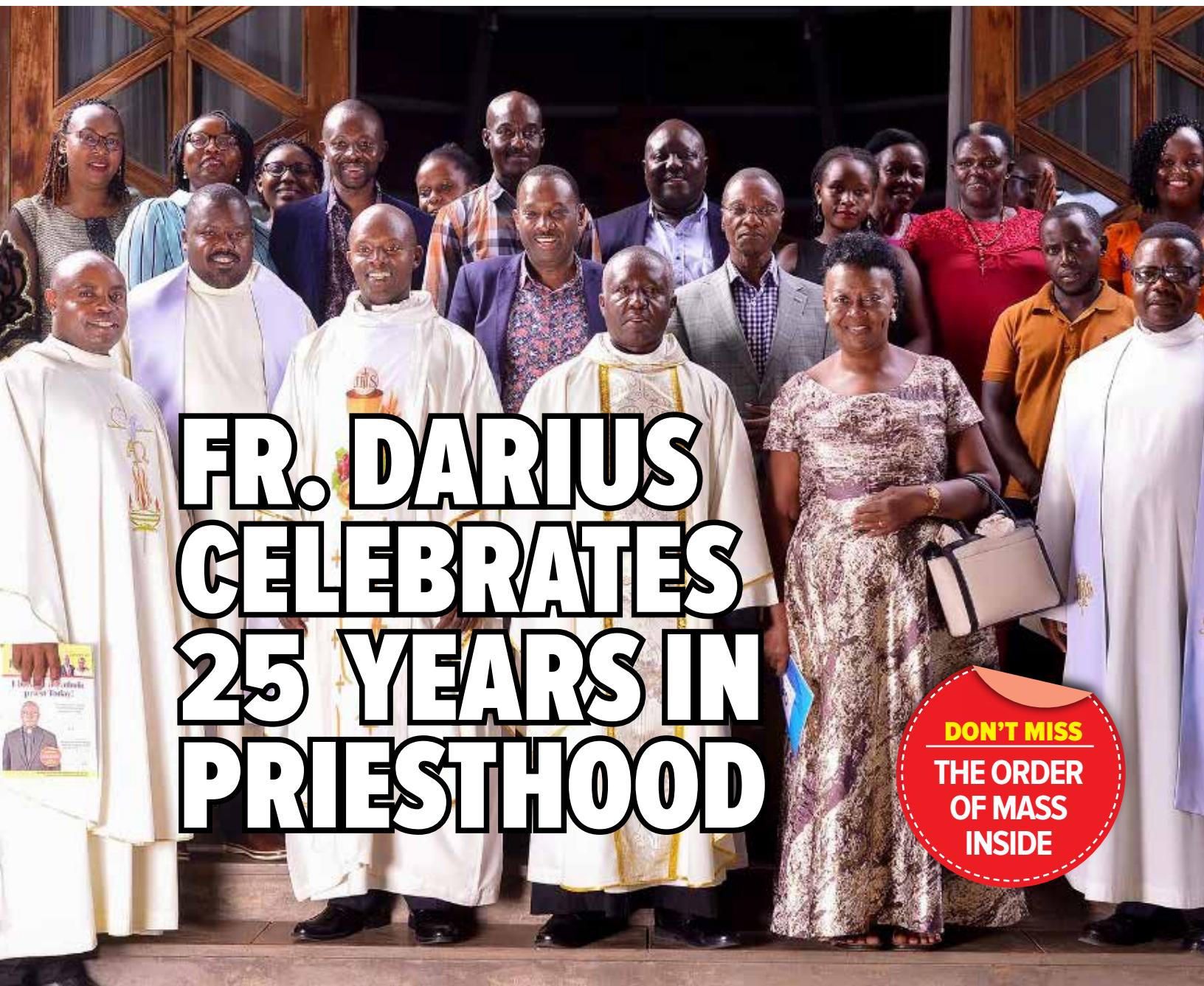
AMDA

Bulletin



ENVIRONMENT PILLAH LAUNCHED

Archdiocese of Mbarara Development Association (**AMDA**) monthly publication



FR. DARIUS CELEBRATES 25 YEARS IN PRIESTHOOD

DON'T MISS
THE ORDER
OF MASS
INSIDE

>> Mwebare embaga nyamurungi ei mwankoreire n'ebirabo ebi
mwampaire. ... **AMDA CHAPLAIN** p5



Great Choices *Great Value*

EDITOR'S NOTE

Dear Brethren...

Dear Family,

Warm greetings to you our esteemed readers, AMDA Family. I extend my sincere gratitude to you for the enormous support you've rendered to our AMDA activities. Most recent being our Chaplain's Silver Jubilee, thanks for your generosity, may you be blessed the more!

I welcome you to our August edition of the Bulletin. The top most agenda is resumption of our Annual Caravans. Please Don't miss this year's Caravan to Butare one of the unique parts of Ankole, the Chairman's message spells out all the details.



I salute the animators of today; UGANDA MARTYRS AMDA Family, thanks for making today's Mass colourful.

We present to you the pictorial for last Month animation where our 7th Pillar was launched and colourful animation of AMDA Youth and Children Animation. Let's storm Buhweju in

fashion. As Media Council we are ready to give the best coverage as well as publicise this massive deliverable

Meet you in Butare!

I wish you blessings.

Agatha

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CHAPLAIN'S REFLECTIONS

FR. DARIUS MAGUNDA

Sande ya 21 21.08.2022 C

Isaaya 66:18-21; Abaheburaayo 12:5-7,11-13; Luka 13:22-30



Okwehenengyera Eiguru!

Banyaruganda omuri Kristo, twine ekyeshongoro ekirikugira ngu "Eiguru buzima (x2), eiguru nibwo buhumuriro burungi." Haza obu iguru riba obuhumuriro burungi, okugiza tikkwanguhi; n'eirembo ry'okutaa hayo rifunzire! Amakuru marungi g'erizooba nikwe garikugira! Buri kintu kirungi tikkwanguhi kutunga. Ebirungi biruga omutuutu! Waza kwecumintiriza emituurire yaitu, noija kwetegyereza ngu nitwemera bingi ebitugumiire n'ebituremtereire, baitu obwo turikutsindikwa eko ekiturikuranza omu maisho, eki turikwetsiga kutunga ninga kwihamu. Na Paulo entumwa naagira ati "nintsigaho ebi ndi enyima, ninkununkirira ebindi omumaisho." (Abafilipi 3:13). Nikyo bagirira ngu "eky'okunda kikunagisa eky'okwaitse."

Naitwe erizooba Mukama natweta, ngu emitima yaitu n'amaisho gaitu tubyihe ahari ebyo ebi twine mbwenu, n'ebyo ebirikutushemereza omumagara aga, tukununkirire amagara agatarihwaho agu Mukama atuteekateekyeire omumaisho.

Mukama, obumwe kwarikureeba twarengyesereza omukwemarira omubyensi, atuheereza ebiheneso ngu twetegyereze obubi bw'okwebwa Ruhanga. Manya Ruhanga naahana abu arikukunda, nk'oku turikuhirira omwishomo rya kabiri. Naitwe nituhana abaana baitu, abegyesa bahana abeegi, abakuru aha mirimo bahana abakozi baabo, n'abandi bakora batyo - boona nibagyenderera oburungi bw'abo abubaineho obujunaanizibwa.

Mbwenu twaba nitubaasa kwehenenga, tutatuutukira ebirungi by'ensi, ahawenki tutarikwenehyera nebyeiguru ebirikukirayo oburungi! Twaba nitumanya omugasho gw'okuhana omumituirire yaitu, ahawenki tutarikuhirira ebihaburo bya Ruhanga, tukaakiira okugumirwa (emisharaba) okuri omu kumuheereza!

Omuntu omwe ku yabuuriye Yesu yaba abantu boonabaryajunwa, ekipuuzoekyo tarakigarukiremu. Kureka akamwegyesa oku omuntu yaakubaasa kujunwa - okugyezaho kuraba omu irembo erifunzire. Nikwo kugira ngu omuntu ayecwijure ego migugu erikumuremesa kuraba omw'irembo rifunzire. Niryo eryo ery'okwekorera omusharaba, okwecureeza, okweshaasha, okwitanira oburungi bw'abandi, okwemarira omukukora ebirungi ebi Ruhanga ayenda n'obu abantu baakutuhakanisa ninga bakatuhiiganisa. Manya Kristo nikyo yakozire, obu yatufeera aha musharaba. Akooureka ngu okujuna ensi kukaba nikwetaaga ekikorwa kihango kya rukundo - okweshaasha, okusheesha eshagama, okuhayo amagara, okwitanira oburungi n'okujunwa kw'abantu.

Ebiro ebi, baangi omuri itwe nitusherura amagara aganguhi: okuriira akooya, okuyiyya, okupangapanga, okukora "deal", okurya engazi, okuryangatanisa, okushaza emirimo n'obujunaanizibwa, okubaiha, okwiba ebigyezo, okwiba obururu, okukora bityo bityo, okushwekyerera. Baangi titurikwenda kweshaasha n'okuhendekyera ebirungi. Haza kaangi nitwebaiha, ahabwokuba oburemeezi bw'ensi titukaabwehara.

Okuruga omu bwana, amatembezo gu turikurabamu tiganguhi: okukura, okugyenda, okugamba, okwega omw'ishomero, okutunga omurimo, orweto, amaka, okuzaara, okworora, obujunaanizibwa, obwebembezi, okugira entatsya, endwara, abazigu n'abangizi, bukur, na rufu. Ebyo byona nituteekwa kubirabamu, haza twagira okugumisiriza kandi tukekwatsa eshaara n'obubangizi bwa Ruhanga, nituhika aha businguzi. Kristo naagira ati "yaimwe abaruhiire n'abaremereirwe mwija ahariinye mbaruhuure." Okwemera oburemeezi bw'okuhamira ahari Mukama n'okukora ebi akunda, nikwo kuraba omu irembo erifunzire kutaaha omu bukama bwa Ruhanga. Mukama naamanya oburemeezi bwaitu kandi takaaturekyerera tukagwa ninga tukasingurwa. Uwe, naatuhha eneema eratubaasise kuhika aha kusingura.

Tushabe Mukama atuhe obumanzi bw'okuhindura emituurire yaitu, obucureeza bw'okumukwatsa ebyo ebituremtereire; n'obwengye, okumanya, n'okwetegyereza emihanda ye!

Nimpendera nimbateerera omuranga okwetaba omuhururu ya AMDA Caravan omuri Buhweju.

Abarikubaasa mutwegaiteho tuze kubugana abantu baitu ba Butare tubahe omuzizi. Abatarikubaasa kuzayo, mutuhe obuyambi bwa sente n'ebintu by'okukozesa. Ebyetaago ni byingi kwonka enshaho nizikiburamu. Mwebare munonga!

Fr. Darius Magunda.

MESSAGE > FROM

AMDA CHAIRMAN



The preparations for this year's caravan to Buhweju (2nd to 4th September 2022) are in high gear and encourage you to support in any way possible



Dear AMDA Members!

I greet you in the name of our Lord Jesus Christ...
Mukama Waitu Yesu nabakunda!

I take this opportunity on behalf of the AMDA Executive Committee and on my own behalf to welcome you to this monthly Mass.

On a special note, I welcome our Chief Guest to the AMDA community.

Specifically, I thank our members from the Uganda Martyrs AMDA Community for ably animating today's mass. I welcome our children that have returned from school for this short holiday and applaud parents that continue to involve the children in spiritual activities.

On a happy note, I congratulate the 14 deacons who will be ordained to Priesthood on August 27, 2022 and 12 seminarians to the Diaconate. I appeal to our members to endeavor to attend the ordination ceremony on 27th and thanks giving masses on August 28, 2022.

The preparations for this year's caravan to Buhweju (2nd to 4th September 2022) are in high gear and encourage you to support in any way possible by doing the following;

- I. Register and pay (UGX 250,000) to participate in the caravan or sponsor someone
- II. Donate clothes and other household items through migongo chairpersons or contact any of the AMDA leaders
- III. Support education activities in by donating textbooks, mathematical sets for candidate classes, pens etc. The people of Buhweju have specifically requested us to support their schools and students, so I appeal to you to support these activities.

The next month will be animated by the legal fraternity on 25th September 2022.

I wish you a blessed month ahead.

Rukundo egumeho.

Chris Gumisiriza

AMDA Chairman

Okusiima kwa Chaplain!

Na Rukundo mpango ninkunda kusiima mwena abaikiriza ba AMDA okunkurutsya emya 25 y'obusaserdooti ei nahikize ebiro 27.07.2022. Nimbasiimira eshaara, obuhwezi na Rukundo ebi munyorekire omu myaka 13 ei mmazire nimpeereza nk'omuhabuzi (chaplain) wanyu. Mwebare embaga nyamurungi ei mwankoreire n'ebirabo ebi mwampaire. Timbaasize kusiima buri omwe omwe, kwonka nimbaijuka na Rukundo mpango kandi nimbashabira emigisha ya Nyamuhanga. Eka ya AMDA nenyesiimisa munonga kandi n'obu emirimo y'okuheereza omu seminario Ggaba n'omu AMDA etanguhi, nimpurira ningarukwamu amaani n'omuhimbo gw'okuheereza.

Nimbaragaanisa okugimizamu nimbahereza kandi naimwe nimbashaba eshaara n'okukwatanisa nanye.

Mukama abahe omugisha!

Fr. Darius Magunda.



ORDER OF HYMNS

PREMASS: TURI BAMWE

Chrs; Turi bamwe omuri Kristo, Kristo Omwana wa Ruhanga omwe Tataitwe Nyamuhanga, turi bamwe omuri Kristo, Kristo Omwana wa Ruhanga omwe wenka.

1. Amakuru marungi gakaija omu nsi omu,
Gaareetwa ago mamanzi, ogwo mukuru Mapeera
Buraza Amans yamushongyera, n'abandi baatwiizira;
Obwo Uganda yaashemererwa.
2. Buzima ago mamanzi, gakaruga omu Buraaya,
Gahika na Kigungu nigaruga Mombasa,
Gaaraara, gaaraarira, Kristo ogwo gamwegyes;
Aba Uganda baabatiziba.
3. Iwe ga Nyamuhanga nitumanya ori Tataitwe,
Buzima abaana baawe nitukusiimira byoona,
N'eb'yensi n'eb'y'eiguru, omuri Yezu twabyega gye;
Turi bamwe turyabashanga.
4. Turamye Nyamuhanga tutende na Kazooba,
Na Muhamuza-bantu, buzima kwo aba rukundo
Twabeeha, twabeesiga, ga bambe baatwoorora;
Turi bamwe turyabashanga.
5. Turamye Nyamuhanga, nituraba omuri Mwana,
Tushabe Nyamuhanga, nituraba omuri Mwana;
Tataitwe twamwegyesa, we Yezu yaatwooroya;
Turi bamwe turyabashanga.
6. Uganda ago magingo ekwaitse neesima,
Ezo mbabazi zaawe ezirimu na rukundo,
Waatweha, waatweemera, ga waitwa, twacungurwa;
Turi bamwe turyabashanga.

ENTRANCE: TWIJA HANU MUKAMA

Chrs; Twija hanu Mukama kwotuhweera, kukundana buzima tukuba abakundwa baawe x2

1. Tukundane, tuhwerane, tuganyirane
Obwo nituhwerwa Nyamuhanga.
2. Abanyadiini, abakristu, tukundane
Obwo nituhwerwa Nyamuhanga.
3. Abazaire, naimwe abaana, mukundane
Obwo nimuhwerwa Nyamuhanga.
4. Abategyeiki, abategyekwa, mukundane
Obwo nimuhwerwa Nyamuhanga.
5. Abeegyesa, naimwe abegyesibwa, mukundane
Obwo nimuhwerwa Nyamuhanga.
6. Abatungi, naimwe abooro, mukundane
Obwo nimuhwerwa Nyamuhanga.
7. Ai Mukama, otuhweera, tukundane
Obwo nituhwerwa Nyamuhanga

KYRIE: MISSA MAYOT (EASY MASS)

Kyrie eleison Kyrie eleison x2
Christe eleison Christe eleison x2
Kyrie eleison Kyrie eleison x2

GLORY: NYAMUHANGA OHIMBISIBWE (Msgr. John Barugahare)

T+B: Ekitiinwa kibe omu iguru ahari Ruhanga

All: N'obusingye bube omunsi aha bantu abasiimwa Ruhanga

All: N'obusingye bube omunsi, ah'abantu abasiimwa Ruhanga.

Chrs: Nyamuhanga ohimbisibwe
Nyamuhanga ohimbisibwe e e
Ohimbisibwe Nyamuhanga

1. Nitukuhaisa, nitukusiima, nitukuramya, nitukuhimbisa,
Nyamuhanga...
2. Nitukusingiza ah'abw'ekitiinwa kyawe kingi, Nyamuhanga...
3. Mukama Ruhanga, omugabe w'eiguru Ruhanga,
omushoborozi wa byona...
4. Mukama Mwana omwe nyamunegyere Yezu Kristo ...
5. Mukama Ruhanga kataama ka Ruhanga, mwene Patri ...
6. Iwe, oihaho ebibi by'ensi otusaasire ...
7. Iwe, oihaho ebibi by'ensi yakiira okw'eshengyerza kwaitu ...
8. Iwe oshutami aha buryo bwa sho, otusaasire...
9. Manya niiwe wenka omuhikirire, niiwe Mukama wenka...
10. Niiwe wenka, ori ah'aiguru ya byona, Yezu Kristo...
11. Hamwe na Mutima Muhikirire, omu kitiiwa kya Ruhanga Patri...

PROCESSION OF THE WORD

YAIMWE BANTU BA MUKAMA

Chrs. Yaimwe bantu ba Mukama

Nimwimukye tukyakiire
Ekigambo kya Ruhanga ohuriire x2.

1. Obutoosha tukiryre;
N'eky'okurya ky'amagara,
Buri kaire tukinywe; N'eky'okunywa ky'amagara.
2. Kibinga rwang'omu mitima,
Kituhanya kituhuguura,
Abarware kibakiza;
Kibananura kibabukaaza.
3. abakirya bakakinywa
Kibakuzagye omubwengye
Bamanyana bakundana
Bakorera hamwe
Nibegyesana.

FIRST READING: Isaiah 66:18-21

18Nimmanya ebi bakora n'ebi bateekateeka. Mbwenu niinyija kuteeranira hamwe ab'amahanga goona n'ab'endimi zonna, baije bareebe ekitiinwa kyangye. 19Haza ndyagira eki naabakoraho. Abarihonokaho ndyabatumwa omu mahanga ga Tarushiishi, Puuti na Luudi omu barikumanya kurasha; mbatume Tubali na Yavani omu birwa bya hare

ebitakahurirwaga kurangaanwa kwangye nari okureeba ekitiinwa kyangye; batyo barangirire ekitiinisa kyangye omu mahanga. 20Kandi baryataaruura beene wanyu omu mahanga goona, babantojere. Baryabareetera aha mbaraasi n'omu bigaari n'omu ngozi, n'aha nyumbu n'aha ngamira, babahitsye aha rushozi rwangye Yerusalem orurikwera; nk'oku Abaisraeli bareeta omuri Nyaruju ya Nyakubaho emitoijo yaabo y'esaano omu nyabya zicumire. Nyakubaho nikwo arikugamba. 21Kandi bamwe omuribo ndyabahindura abahongyerezi n'Abaleevi. Nyakubaho nikwo arikugamba. . .

Meditation: AI NYAKUBAHO NYAKUSINGA NIIWE

Chrs: Ai Nyakubaho nyakusinga niiwe, ndyaguma ninyeshongorera eryo eiziina ryawe.

1. Embabazi zaawe nyingi zinkwatiriire, Nshagatairwe agaawe ababisha nibatiina
2. N'obunzongazonga ensi n'emba ahamutwe, Ahabwawe tinkagwa okuba ombumbatiire
3. Mukama k'ori murungi, oinamura boona, Oyinamura boona abakwehitsya boona

2ND READING: Hebrews 12:5-7, 11-13

5Mbwenu shi mwebirwe eki Ruhanga arikubeahanangirizamu nk'abaana be? Ekgira kiti: Mwana wangye, ot'gaya okuhana kwa Nyakubaho, n'obu kwakuba okucweka entegye, yaakufubira. 6Ahabw'okuba Nyakubaho ou akunda, niwe ahana; kandi ou ayeta omwana we, niwe ateera.

7Manya muri ab'okugumisiriza mwaba nimuhanwa; ababw'okuba Ruhanga naabatwaza nk'abaana be. Mbwenu ni mwana ki, ou ishe atahaha?

11Mbwenu obwa hati, okuhanwa kwona nikushusha nk'okurikureeta obusaasi, kutari okugwisa gye. Kwonka bwanyima abakutendekirwemu kuryabarugiramu okuhikiirira n'obusingye.

12Mwimutsye emikono yaanyu enoganogokire, muhamye amaju gaanyu agajogajogokire, 13n'ebigyerre byanyu mubicwere emihanda egororokire; abarikucumbagira barekye kuhendekyeramu, kureka bakire.

GOSPEL ACCLAMATION:

NDYAKUHIMBISA RUHANGA WANGYE

1. Iyende Mbele Ingiri Yo
Iyende Mbele Ingiri Ya Yezu Iyende Mbele x2
Ndiyo mana tunasema Iyende Mbele
Ndiyo mana tunasema Iyende Mbele x2
Alleluia x4
1. Ndyakuhimbisa Ruhanga wangye,

Eiziina ryaawe ndirangye hoona

2. Ndyakuhimbissa, Ruhanga wangye,
Embabazi zaawe, nzirangye hoona
3. Nyakuhimbisa, Ruhanga wangye,
egyo rukundo yaawe erangwe hoona

GOSPEL: Luke 13:22-30

22Yesu akagyenda naayegyesa omu birorero n'omu byaro, obwo naaza Yerusalem. 23Omuntu yaamugira ati: Mukama wangye, noogira ngu abakte bonka nibo barijunwa?

Yaabagira ati: 24Mukore kyona eki murikubaasa kutaahira

omu irembo erifunzire, ahabw'okuba nimbagambira,

ngu baingi baryateeraho kutaahamu kwonka baremwé.

25Nyineeka ku ariheza kwimuka yaakinga orwigí,

muryashanga mwemereire aheeru nimwiguza muti:

Mukama waitu, twigurileho! Kwonka aryabagarukamu ati: Tindikumanya ahi murikuruga.

26Mpaho mutandikye kwetonda muti: Ka twabaire shi turya naiwe tukanywa naiwe, nooyegyesza omu nguuto z'owaitu.

27We aryabagarukamu ati: Tindikumanya ahi murikuruga.

Nimundugyeho, imwe mwena enkozi z'ebibi.

28Obwo haryabaho okucura n'okunena amaino, mwareeba

Aburahamu na Isaaka na Yakobo n'abarangi boona omu

bukama bwa Ruhanga, kwonka imwe mubingiirwe aheeru.

29Kandi abantu aba burugwa-izooba na burengyerwa-

izooba, aba bukiizi-bwa-bumoshó na bukiizi-bwa buryo

baryajia bashutame aha bugyeniyi omu bukama bwa

Ruhanga.

30Manya ab'okuhereeruka baryaba ab'okubanza,

n'ab'okubanza babe ab'okuhereeruka.

CREED: NICENE CREED

I believe in one God, the Father almighty,
maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,
born of the Father before all ages.

God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through Him, all things were made.

For us men and for our salvation

He came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary, and
became man.

For our sake, He was crucified under Pontius Pilate,
He suffered death and was buried,
and rose again on the third day in accordance with the
Scriptures.

He ascended into heaven and is seated at the right hand of the
Father.

He will come again in glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,

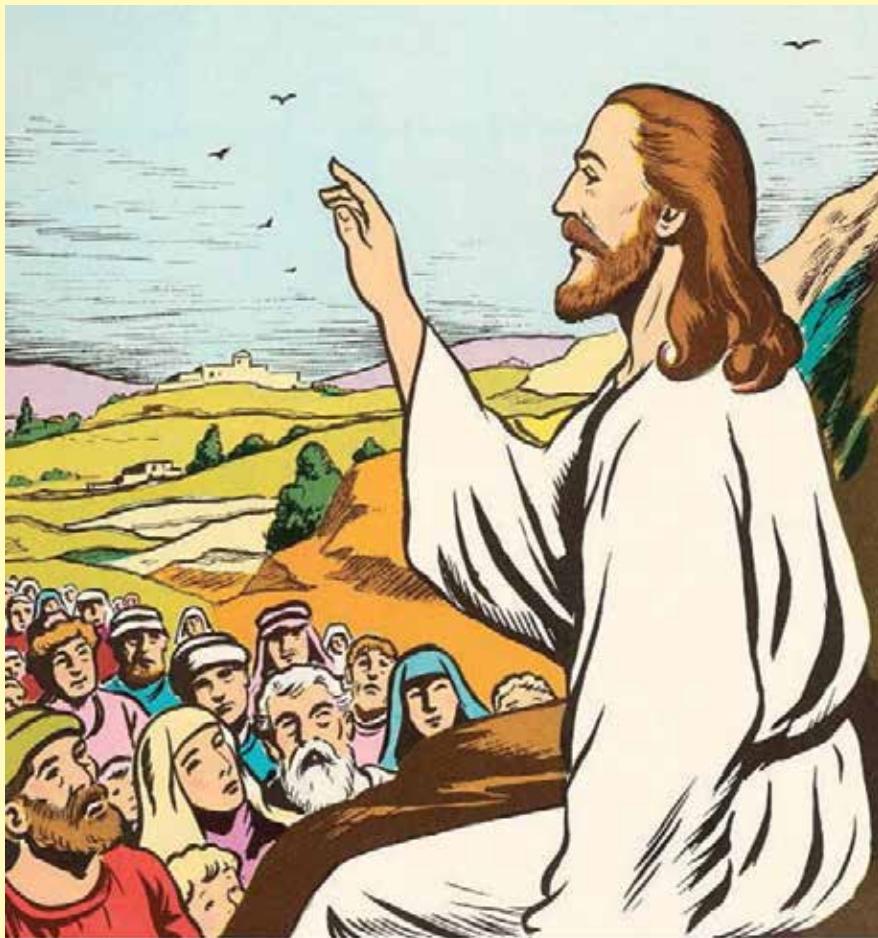


Children's Liturgy Bulletin



TAKING THE NARROW ROAD GIVES US A HAPPY LIFE

LUKE 13:22-30



Jesus today is teaching us about choices we make in life, and one of them is picking which road to take
LUKE 12:22-30

One is wide, flat and

easy with a wide gate and many children can enter. The wide gate is usually very attractive and causes children to sin and do bad things that make

Jesus our friend sad, this leads too makes us unhappy and sad.

The other is small, with potholes and very difficult to pass and it has a small gate where only few people can enter. God has a narrow gate so that only the right ones go through. If we make the right choice, we go to heaven. We are happy and those around us are happy too.

Let us choose to be good to and use only the narrow gate that leads us to God. we can do the following;

Avoiding sin

Sharing with others

Caring for the needy

Respecting our par-

ents

Doing our holiday packages and all the housework

Caring for the environment.



MEMORY VERSE

Luke 13:24;

Make every effort to enter the narrow gate.



PRAYER

Dear Jesus my friend, hold my hand and help me pass through the narrow gate that leads me to God. Amen

MISSIONARY HOLY CHILDHOOD PRAYER

God our Father, you sent your son Jesus Christ. He loved the children very much and said let the children come to me, do not stop them, because the kingdom of God belongs to such as these. We pray to you;

Help us grow in love for you and one another

Give us the spirit to show concern and share with those who need our help

Teach us to pray, to receive well sacraments, and to always do what you ask, which will enable us to gain eternal life. AMEN

Holy Virgin Mary Queen of the Apostles, pray for us and all the children.

St. Kizito, pray for us that we may be strong in our faith. Amen.

ACTIVITIES

- Read LUKE 13:22-30
- Make a list of all the good actions you will do with your family members
- Pray the Rosary



Dorothy Atuhaire Ssonko

Oratorio Teacher

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2

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AMDA MASS PROGRAM

UGANDA MARTYRS AMDA FAMILY
ON SUNDAY 21ST AUGUST 2022

who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in One, Holy, Catholic and Apostolic Church.
I confess one Baptism for the forgiveness of sins and I look forward to
the resurrection of the dead and the life of the world to come. Amen.

PETITIONS:

Maria Nyina Katonda tuyambe turi baana bo, tushabire eri Katonda,
otuwe byetwetagahear our prayers, Mercy on Your people Lord!

OFFERTORY:

CHILDREN: WHAT SHALL I OFFER

{What shall I offer to the Lord to make Him happy (oh tell me)}

What shall I offer to the Lord to please Him} *2

{I may give Him the best of my clothes

He may not take it.

I may give Him the best of my shoes

He may not take it} *2

{A loving heart (He will love), a patient heart (He will love)

A humble heart (He will love), a caring heart He will love} *2

{What shall I offer to the Lord to make Him happy (oh tell me)}

What shall I offer to the Lord to please Him} *2

{I may give Him a gift of a ram

He may not take it

I may give Him a gift of a cow

He may not take it} *2

{A loving heart (He will love), a patient heart (He will love)

A humble heart (He will love), a caring heart He will love} *2

{What shall I offer to the Lord to make Him happy (oh tell me)}

What shall I offer to the Lord to please Him} *2

I may give Him a gift of a car

He may not take it

I may give Him a gift of a house

He may not take it

{A loving heart (He will love), a patient heart (He will love)}

A humble heart (He will love), a caring heart He will love} *2

{What shall I offer to the Lord to make Him happy (oh tell me)}

What shall I offer to the Lord to please Him} *2

YOUTH: REEBA NAIJA

Chrs; Reeba naija (reeba naija ndyaha) Emitiojo (sente
n'amatungo) Naguireta (nabireta mbine) Ninkusiima Kankutoijere
(aha biwampaire) Kankwebaze (webare munonga)Kankusiime ee
(kankusime bambe) Iwe taata

6. Sifa kwako ee Mungu kwakuotesha mkate
Shukrani kwako Baba kwa kutulisha sisi

1. Okampa abazaire (buzima),
wampereze akibanja (mazima),
okampa amaani (buzima),
ondiinda n'obutosha

2. Okampa amatungo (buzima),
wampereza oburaro (mazima),
okampa obusingye (buzima),

ompwera n'obutosha.

3. Okampa egi diini (buzima),
wampereza obwengye (mazima),
okampa ebiconco (buzima),
ondiinda n'obutosha.

4. Okankiza ezo ndwara (buzima),
wampereza okuhweza (mazima),
watah'okukunda (buzima),
onkwasa n'obutosha.

5. Okanywana taata (buzima),
wankundiisa egi diini (mazima),
okampa n'oruzaro (buzima),
ninkusiima Taata

WOMEN: NYAMUHANGA NINKUTOIJERA

Chr; Nyamuhanga ninkutoijera, ninkuha omutiima gwangye

Nebishisho ninkutoijera, yeiwe Muruhura x2

1. Nkutoijere ninyeshongora yaiwe muruhura.
Nkutoijere ninkuhhereza, yaiwe Muruhura.

2. Nkutoijere ninyeshembutsya,
Ongarukyemu nonyeyoreka.

3. Itambiro ryaawe ndyehitsye,
Nkutoijere ninkuhimbisa.

4. Nkuimbise ninyemurika,
Eiraka ryangye nindimutsya.

5. Esente zangye ninkutoijera,
Omubworo bwangye ninkutoijera.

6. Amatungo gangye ninkutoijera,
Ebihingwa byangye ninkutoijera.

7. Banywani bangye ninkuhongyera,
Abazeire bangye ninkuhongyera.

8. Banwyani bangye nimurahukye,
Tumutoijere nitumwevuga.

MEN: MUKAMA KANKUTOIJERE

Chr; Mukama kankutoijere n'okushemererwa Rugaba

kankuhereze ninkusiima ebyompa x2

1. Obwengye n'amaani Mujuni niiwe nyakubimpa,
Kankutoijere, kankuhereze, toora ebyo biconco Mukama ntambizi

2. Rukundo n'orweto Mujuni niiwe nyakubimpa,
Kankutoijere, kankuhereze, toora ebyo biconco Mukama ntambizi

3. Ebinkora byoona Mujuni ompwera kubibasa,
Kankutojoire, kankuhereze, toora ebyo biconco Mukama ntambizi

4. Ebinyine byoona Mujuni ompwera kubitunga,
Kankutoijere, kankuhereze toora ebyo biconco Mukama ntambizi

- 5. Mukama ga bambe omukucungura itwe tweena,
Watwehitsya, twakwizira, twaba abaawe tweena Mukama ntambizi
- 6. Mukama ga bambe okenda kw'otujuna tweena,
Watukunda waafa, twacungurwa, toora ebyo biconco Mukama ntambizi

OFFERTORY PROCESSION: MUKAMA OYAKIIRE EGI MITOJO (FR. KAHIGI)

Chr; Mukama oyakiire egi mitoijo y'abaana baawe, Omugati na Viini, Mukama oyakire ebi bihongwa by'abaana baawe, Twabireeta n'omutima gwa rukundo.

- 1. Omugaati hamwe na Viini twabireeta kubitoija.
Bituretera amagara g'obutwire Obyakiire Nyamuhanga.
- 2. Ebihongwa byaitu byona, twabireta kubitoija.
Bituretera amagara g'obutwire Obyakiire Nyamuhanga
- 3. Ebitungo byaitu byona, twabireta kubitoija.
Bituretera amagara g'obutwire, Obyakiire Nyamuhanga
- 4. Egi mitoijo y'erizooba, twakireeta kugitoja.
Ogisiime nk'ekitambo ky'Abel, Ogyakiire Nyamuhanga.

SANCTUS: MUHIKIRIIRE HOSSANA

//Muhikiriire	Hossanax3
Haiguru	Hossana //2
Iguru n'ensi	Hossana
bijwire	Hossana
ekitinisa kyaawe	Hossana
Haiguru	Hossana //2
Hossana	Hossana//3 x 2
Haiguru	Hossana //2
W'omugisa ogu Hossana	
Arukwija	Hossana
omwibara ryawe	Hossana
Haiguru	Hossana //2

OUR FATHER: RECITE

AGNUS DEI: MISSA MAYOT (EASY MASS)

Agnus Dei, Qui Tollis Peccata Mundi, Miserere Nobis
Agnus Dei, Qui Tollis Peccata Mundi, Miserere Nobis
Agnus Dei, Qui Tollis Peccata Mundi, Miserere Nobis Pacem.

COMMUNION: NIMWIJE OMUGABE YAATWETA

- 1. Imwe-mwije abeeteirwe, embaga y'omujuni,
Aha meeza yaihwirwe, egabo y'abagyeniyi

Chrs; Nimwije, omugabe yaatweta, niwe nyakuriibwa, Niwe kiihuro, nimwije Omugabe yaatweta: Tumurye, tunywane nawe

- 2. Eiguru ryakinguuka, haagwa maanu erungiibwe,
Mwigutsa w'ab'eiguru, yaija kuriisa naitwe
- 3. Akafa yaatwehaire, yaatsiga ayegabwire,
Entumwa ze yairaama, yaatsiga aziragiire
- 4. Aha mwate yasiima; yagira ninye murye,
Yaabaha Viini nayo, yagira ninye munywe
- 5. Yaaragiira enjwekyerwa, ibihongye ahari-ishe, Omuribyo
ayetambe, ayeegabure naitwe
- 6. Eigana rye ka twije, naaturiisa aseetwire,
Mweshezi w'agajiwire, naatunyweisa ahaagwire
- 7. Mpangi-ariibwa oboneire, omuryamu obugingo; Ofa kurya
yaakoire, ayekwatsa omushango
- 8. Twija kurya, tweteise, obwo tweshwijume gye, Akataho
n'ekyambu, omwo tunaabe twere

NIMWIJE BANTU MWE

**Chr; Nimwije Bantu mwe, Tugyende twena hamwe,
Twirire rutari tutungeye Mukama**

- 1. Akwaise natweta aha bugenyi bwe,
Akwaise natweta kyonu murahukye,
Naayenda ngu twena tury'omubiri gwe,
Naayenda ngu twena, tunyw'eshagama ye.
- 2. Tubanze tushwijume emitima yaitu,
Tubone kutunga Omukama Yezu,
Ataahe omuri itwe agume ari naitwe,
Ataahe omuri itwe reero tunanukye.
- 3. Rutar'erekwera eb'eyabataine,
Orwango r'ens'egi abeezir'emitima,
Kwiji'otaschemeire nooba waahemuka,
Ahari Ruhanga Rugab'omukundwa.
- 4. Okury'omundwa nootung'amagara,
Otung'obusingye onanukye weena,
Kyonimwije mwena tutungeye Rugaba,
Tugume tutaine buhinza mitima.

SOUL OF MY SAVIOUR

- 1. Soul of my savior sanctify my breast,
Body of Christ be my saving guest
Blood of my savior bathe me in thy tide
Wash me with water flowing from thy side.
- 2. Strength and protection may his passion be,
O Blessed Jesus, hear and answer me,
Deep in thy wounds Lord hide and shelter me,
So shall I never, never part from thee.
- 3. Guard and defend me from the foe malign.
In death dread moments make me only thine,
Call me and bid me come to thee on high
When I may praise thee with thy saints for aye.

THANKSGIVING: NDYAKUSIIMA NTA?

**Chrs; Ndyakusiima nta? Iwe Muhangi wangye
Ndyakusiima nta? Iwe Mujuni wangye.**

AMDA MASS PROGRAM

YOUTH, CHILDREN AND ENVIRONMENT COUNCILS
ON SUNDAY 31ST JULY 2022

1. Omuzaire kandi enjuni, Embabazi zeye kazitaharara Abagaiga ninga abakyene, Abamwijaho nabajajamy.
2. Akahanga ensi we yagituha, Ngu tugirungye netunananura Omu bwengye habo abamwehangana, Obushoborozi bwe, butubangire.
3. Njuni yaitu kandi Omukama, Amaino ga rufu akagatwihamu Amazooba nobu gabaho, Rukundo yeye k'etahinduka.
4. Ahwezesa ensi y'omwirima, Ekyererezi kye kitubangira Ogwo muhanda gw'Omukama, Abagutooramu kabahiriiirwe.
5. Obusingye bw'ogwo Omukama, Ayenda ngu boona bubaizire Tashorora boona abamushanga, Ekitiinwa kyeye kibasangira

RUBAGA PROJECT: NINZA KUHEREZA MUKAMA

*Ninza huhereza Mukama-a ahaw'amaani
ga Mutima Orikvera ngume muhimbise*

1. Abahereza Mukama n'ababangira, Kandi abamwesiga taribahemukaho.
2. Ndyamuhereza Mukama ngume muhimbise, Murangaane hoona hoona ebiro byoona.
3. Omu bworo n'obuceneNgume mehereze, Omu ndwaara n'okukaba...Ngume muhimbise, Omubari kunyanga.....Ngume mehereze N'omubari kumpiigaNgume muhimbise Mutima gwangye mpwera...Ngume mehereze Ngume heihi na YezuNgume muhimbise Bwera ye ngitaahе.....Ngume mehereze Ebiro byoona mwiine.....Ngume muhimbise
4. Omu bantu abaarazire ndyazayo mbataaruure, Mbarete mbegyese nabo bakuheereze
5. Mbahabuure ekigambo kyawe kibataahemu, Kibajure kigine kibug'ensi yoona.

EXIT: OSHEMEIRE, TOTOKOIRE

1. Oshemeire, totokoire, mugore w'enyangi z'eiguru Iwe manzi y'obuganzi, nyamurungi, Kasingye Mariya

*Chrs;Kasingye, Kasingye, Kasingye, mugabekazi
w'eiguru; Kasingye, Kasingye, Kasingye, Kasingye,
Mariya*

2. Obutwire, obukaire omu kabukaro k'eguru; omu cooki w'abazooki akabanza iwe, nkundwa Mariya
3. Okijwaire, kiboneire, ekirunga kyawе ky'eiguru; amayangi g'omuhangi, nigahaisa iwe, mbwenu Mariya
4. Okuziibwe, ohamiibwe, mukuru w'egi nsi n'eguru; mucureezi w'obuhwezi, engoma k'ogitware Mariya

AMDA SACCO @10 Goodies You Shouldn't Miss*

In 2021, AMDA SACCO made 10 years since it was founded by our forward looking leaders with the support of a number of founder members. AMDA now prides in having one of the fastest growing and most efficient SACCOs in the country with a membership of.....

As part of the celebrations to mark this mile stone:

1. Effective 3rd June 2022 until December 2022, membership for new members has been slashed from Shs 70,000 to Shs 40,000.
2. The requisite minimum 5 shares totalling 100,000 and Shs 10,000 account opening remain the same.
3. Thus, at only Shs 150,000 contrary to the earlier Shs 180,000; you grab yourself SACCO membership and enjoy all the juicy benefits.
4. AMDA Youth and Women are specially encouraged as the SACCO is committed to ensuring equal economic growth opportunities.

Buganda Road Flats Block 668. ☎ 07878093877 / 0782788679
✉ amdasacco2012@gmail.com

UGANDA MARTYRS SMALL CHRISTIAN COMMUNITY (UMSCC)



UMSCC shall also keep encouraging its members to join AMDA SACCO and AMDA Bereavement Fund (ABF) in advancement of economic empowerment



MR. TOM BYARUHANGA

Dear AMDA Family,

Greetings from the Uganda Martyrs Small Christian Community (UMSCC) family.

On behalf of the AMDA - UMSCC and on my own behalf, I take this opportunity to welcome you all to this AMDA Mass that we are animating today. We would like to convey our sincere thanks and gratitude to the AMDA ExCo for giving us this opportunity to animate the August 2022 AMDA Mass.

I want to thank the Organizing Committee and the entire UMSCC family for their immense support towards the success of this function.

UMSCC comprises of 100 families with 300 persons. UMSCC covers areas of Kira Municipality, Kiwatule, Namugongo and Naalya. UMSCC has tremendously grown in the last 5 years and achieved a lot in line with the 7 Pillars of AMDA. We have achieved this through our periodic Eucharistic Celebrations held in members' homes that volunteer to host members and in our local area Parish infrastructure. We have also held various health and economic empowerment events that have sensitized members on good health practices and strengthened members' businesses. Also, members have supported, and continue to support each other in both bad and good times.

UMSCC has a good working relationship with local churches in the Parishes of St Mbaga Tuzinde Kiwatule and Uganda Martyrs Namugongo. This smooth collaboration has enabled us to access and use the available Parish infrastructure whenever there is need. As guided by the spirit of Unity and fellowship while emulating Jesus Christ our Savior and

our mother Catholic Church, UMSCC has also participated in helping the poor and feeding the needy. For example, some of our members visited Katalemwa Cheshire Home and delivered various items and other scholastic materials.

We want to thank and appreciate the previous Executive Committee led by Mr. Innocent Rugambwa that laid a good and strong foundation for this Christian Community. UMSCC is determined and destined for greater heights.

CHALLENGES

The COVID-19 Pandemic that ravaged the global economy occasioned various challenges and UMSCC wasn't spared either. Periodic meetings became irregular, members lost their lives/loved ones, members lost jobs, members' businesses

FUTURE PLANS

As a faith-based organisation that thrives on the volunteerism/voluntarism, fear of God, integrity, humility and environmental protection, UMSCC remains committed to supporting AMDA in inspiring the Christians from Mbarara Archdiocese to achieve their full potential. UMSCC shall continue to organise health, educational and motivational talks/events for its members in line with 7 Pillars of AMDA. UMSCC shall also continue organizing and engaging in sports events as one of the ways of keeping members' health in check, as well as a mobilization tool to boost numbers of the Community. As a way of promoting Unity among members, UMSCC will also keep encouraging members to host each other periodically in their families. UMSCC shall also keep



were closed and this negatively affected income flows for families. Fortunately, and following the reduction of the positivity rate of COVID-19 cases, things are seemingly getting back to normal, and may the souls of the departed RIP.

encouraging its members to join AMDA SACCO and AMDA Bereavement Fund (ABF) in advancement of economic empowerment of the members, as well as promoting the spirit of brotherhood and togetherness.



The current UMSCC ExCo 2022-2024 is composed of the following dedicated servants:

1. Chairman: Mr. Tom Byaruhanga	2. Deputy Chairman: Mr. David Muhwezi	3. General Secretary: Mr. Gerald Nuwamanya
4. Treasurer: Mrs. Diana Byaruhanga	5. Publicity: Mr. Paddy Byangi	6. Economic Empowerment: Mr. Bernard Tumwebaze
7. Liturgy: Mrs. Stella Tumwebaze	8. Leisure and social events: Mrs. Addah Bigirwa	9. Youth and Children: Mrs. Caroline Kagwire
10. Health: Dr. Fred Kagwire	11. Family. Mrs. Ustine Kimuri	12. Liturgy support catechist: Mr. Aloysius Taremwa
13. Advisors;	i. Mr. Dominic Tumwesigye	ii. Hon. Xavier Kyooma
iii. Hon. John Arimpa Kigyagi	iii. Mr. Innocent Rugambwa	iv. Mrs. Juliet Katsirabo
v. Mrs. Priscilla Muhwezi.		

I would like to once again thank you for coming and wish you a safe journey back to your homes.

WEEKS	SEP	OCT	NOV	DEC
WEEK ONE	EXCO Meeting 1 st Sept Chairman	EXCO Meeting 6 th Oct Chairman	EXCO Meeting 3 rd Nov chairman	EXCO Meeting 1 st Dec Party 3 rd Dec End of Year Mrs. Addah Bigirwa
WEEK TWO	Children's Day Out 10 th Sept. Mrs. Carol Kagwire	Rosary 9 th Oct	Family Hosting 13 th nov Mr+Mrs Prinari Behangana and Family	
WEEK THREE	Family Hosting 18 th Sept. Mr+Mrs Dominic Tumwesigye and family	Rosary 16 th Oct		
WEEK FOUR	Jogging 24 th Sept Dr. Fred Kagwire	Rosary 25 th Oct Jogging & Rosary 29 th Oct		

DONATE BLOOD, GIVE LIFE

Dear AMDA members and well-wishers,
We would like to appeal to you to take the first step to GIVE LIFE. The blood you donate gives someone more time to enjoy and spend time with family and friends. And nothing could be better than that.

Who can donate blood?

You can give blood if you:

- Are in good general condition
- Are 17 to 60 years old (up to 65 years if you are a regular donor)
- Weigh at least 50kgs
- Have hemoglobin level of 12.5g/dl for women and 13.5g/dl for men.
- Have normal blood pressure
- Are not on any medication

Who cannot donate blood?

You should not donate blood if you:

- Have any symptoms of infection in the last 2 weeks
- Are a female and pregnant or had an abortion less than 6 months.
- Have a cold/flue
- Have had dental extractions/treatments in the last 2 weeks
- Have a history of any chronic illness e.g: asthma, diabetes, epilepsy, etc
- Are under the doctor's care for serious illness or injury
- Do not know your HIV status or have a known HIV positive partner
- Have suffered from a sexually transmitted infection in the past
- Have had positive tests for HIV(AIDS), Hepatitis B and C
- Indulge in sedentary lifestyle e.g alcoholism and prostitution
- Have received blood in the last 12 months

How often can I donate blood?

- Men can give blood every 3 months (12 weeks) and women can give blood every 4 months (16 weeks)

In line with the health pillar of AMDA, the Uganda Martyrs Cell has collaborated with the Uganda Blood Transfusion Services to organize a blood donation exercise and is calling upon you to donate blood and save lives. Let us all be "Good Samaritans" - Luke 10: 30-37. The exercise is on-going at Kitante Primary School today, Sunday 21st August 2022, having started at 9:00 am.

We highly appreciate your participation in this blood donation exercise.

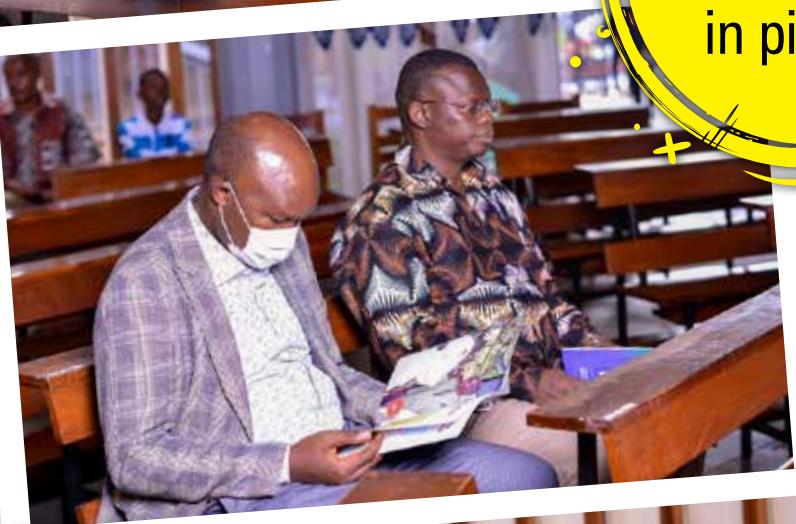
Yours in service,

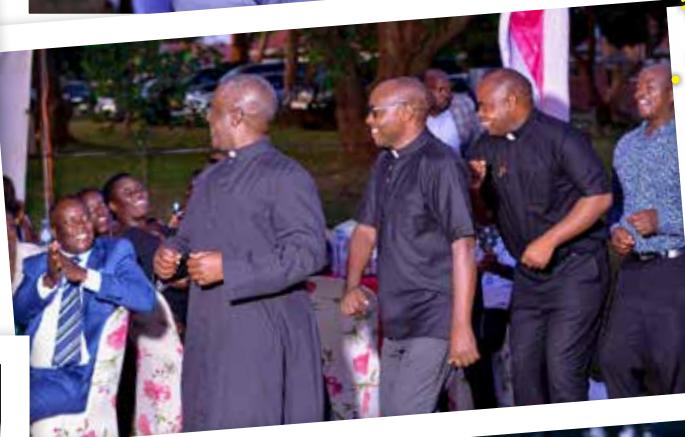
Dr. Fred Kagwire and Dr. Clet Kakuru

AMDA Health Council Members and Organizers of the Blood Donation Exercise

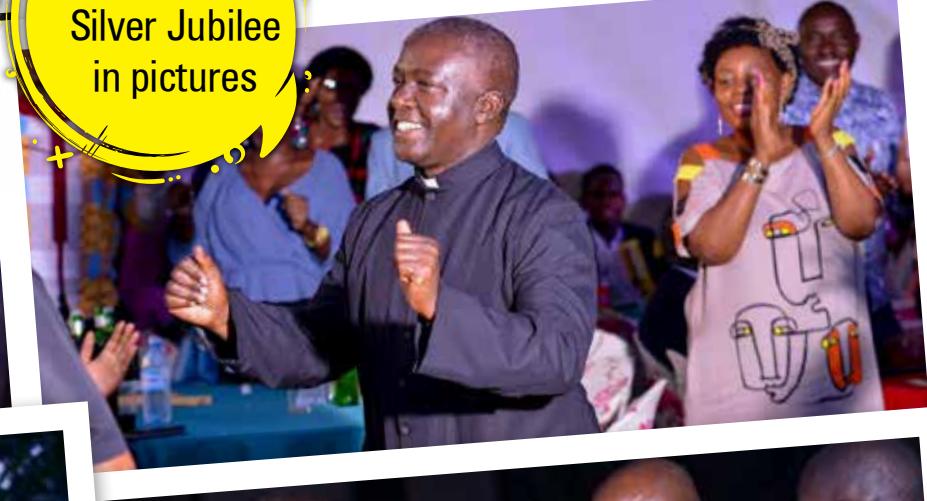


Fr. Darius
Silver Jubilee
in pictures





Fr. Darius
Silver Jubilee
in pictures







July Mass Animation





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